

Incarnation Church

LIFETEEN YOUTH MINISTRY &
CONFIRMATION

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Youth Ministry & High School Confirmation (Rev. 07/2021)

OVERVIEW: Teens in their first year of high school can begin their preparation for the Sacrament of Confirmation. Young people and their families will be provided a process that will help them to establish an understanding of the Catholic faith, build on to their own personal faith as they work to develop their relationship with Christ. Confirmation preparation is a process in Christian growth based on the belief that teenagers are at a significant point in their faith journey where they are beginning to establish a personal faith identity. Our mission during this Preparation Experience is to offer opportunities in faith formation, communal prayer experiences, spiritual support (retreats), peer support, social and communal activities that would lead them to live the call of Jesus in a life of justice and service both to the parish and beyond. Through sharing their own journey and interacting with others, the candidates are assisted in identifying and understanding how God is working in their lives, and come to a new realization of faith within the context of the parish community.

Youth	PILLAR <i>Loving</i> Building my relationship with Jesus	PILLAR <i>Praying</i> Communicating with Jesus	PILLAR <i>Testifying</i> Sharing my relationship with Jesus	PILLAR <i>Serving</i> Living like Jesus
Participation	All assignments must be completed and submitted onto our management system	Participation in 3 events	-Weekly Mass at 4pm required; -All Catechetical/ Cohort Gatherings -Participation in 5 Catholic Teen Underground Events	-Minimum of 4 Service Projects -Two projects must be parish-based
Youth in Formation Phase 1	ROOT: Six self-led sessions on the Creed 1. <i>God Meets Us: We get to know him through the words and actions of revelation.</i> 2. <i>Meet the Trinity: God is Father, Son, and Holy Spirit.</i> 3. <i>Meet the Holy Family: Jesus grew up in a family just like us.</i> 4. <i>Meet Jesus: Jesus saves us through the power of the cross. Love equals sacrifice.</i> 5. <i>Meet the Holy Spirit: God gives us his Spirit. His power is given through the Sacraments.</i> 6. <i>Meet Our Forever Home: We are made to spend eternity with God. God helps us with the race.</i>	ILUMIN8 (Spiritual/Prayer Gathering Events) • Evenings of Praise, Worship, Adoration • Evenings of Reflection & Prayer • Retreat – one day	• 4PM Sunday Mass • Catholic Youth Underground Events (after Mass): • <i>We Are Not So Different (peer support)</i> • <i>Coffee House Nights (prayer/talent/poetry)</i> • <i>Sports Activities</i> • <i>Confirmation Catechesis/Cohort Support Gatherings</i>	• Food Bank Collecting • 30-HOUR Famine • Alex’s Lemonade Stand • Family Service Projects • Soles for Souls • Other parish needs
Youth in Formation Phase 2	I. AT-HOME: Story of Jesus (The Chosen) II. Sacramental Prep Sessions The four topics that will be covered are: • <i>Confirmation/Baptism;</i> • <i>Mission;</i> • <i>Love Languages;</i> • <i>Spiritual Gifts;</i> • <i>Lives of the Saints</i>	ILUMIN8 (Spiritual/Prayer Gathering Events) • Evenings of Praise, Worship, Adoration • Evenings of Reflection & Prayer • Retreat – weekend	• 4PM Sunday Mass • Catholic Youth Underground Events (after Mass): • <i>We Are Not So Different (peer support)</i> • <i>Coffee House Nights (prayer/talent/poetry)</i> • <i>Sports Activities</i> • <i>Confirmation Catechesis/Cohort Support Gatherings</i>	• Food Bank Collecting • 30-HOUR Famine • Alex’s Lemonade Stand • Family Service Projects • Soles for Souls • Other parish needs

Components to High School Faith Formation and Youth Ministry

LifeTeen ILUMIN8 Events	Evenings of Prayer, Reflection, Spirituality
LifeTeen Catholic Underground (Life Nights) in St. Michael's Hall	Communal Youth Gatherings after Mass – creating a safe place for young people to share, learn and enjoy each other's company with varied opportunities, topics and themes.
Catechesis and Evangelization	Both phases along with Teen Alpha
Justice and Service	On Site Parish Justice and Service Events will be offered throughout the year so youth can lead, participate and model our call to Justice, Peace and Service in our parish and community.